**SCRUM – SPRINT**

A sprint is basically an iteration it could be referred to a cyclic process of developing a product.

**What is a sprint in Agile?'.**

A Scrum team collaborates with the project stakeholders in small iterations in an Agile project management process.

Using the Scrum framework, teams divide complex projects into smaller, manageable tasks called sprints.

As a result of these sprints, the Scrum methodology allows the team to adapt to changes easily.

The team divides each project into sprints and works on sprints individually.

An individual sprint can last up to four weeks.

Typically, the most common sprint period is two weeks.

**Sprint Cycle:scrum meeting?**

**A group of colorful squares

Description automatically generated with medium confidence**

**Sprint characteristics:**

**Sprints are time boxed:**

- which means they have particular duration of time

-there is a start date and end date associated with each sprint.

- timeboxing helps teams to prioritize and manage their work accordingly and work at an optimum pace.

**Sprints are for short duration:**

**-**easier to plan and manage

-ensures periodic and quick feedback

-duration of sprints is only for few weeks not an months

**Sprints have a consistent duration:**

- A Sprint cannot be 6 weeks long. all sprints prefer only 2 weeks.

-all springs are of same time duration

**There is a definite Sprint goal:**

-Sprint goal states the business purpose and value of the Sprint.

-Sprint gold induces mutual commitments and should not be changed.

**Sprint or associated with review and feedback:**

-platform to demonstrate the work done and is a celebration movement

-it will done end of the Sprint

**Benefits Of Sprints:**

Working in sprints allows teams to handle large and complex projects efficiently.